

Community Impact

- Empowered secondary and university students through school visits
- Laid foundation for a sustainable community yogurt kitchen



Impact on Us

- Increased our awareness of social and economic barriers in Kenya
- Learned how to work with a variety of people and to be adaptable to various working environments
- Learned patience and flexibility in dealing with bureaucracies and different approaches to work



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Project Goals

- Set up a yogurt kitchen at JKUAT
- Set up at a community kitchen
- Training women to operate yogurt kitchen
- Learn more about NGOs and non profit work in East Africa
- Determining whether this type of work is something that we would like to pursue as a career in the future

Project Activities

- Created project budget, business plan and feasibility report
- Created Kenya specific WHE project management
- Conducted probiotic research
- Identified consumer preferences
- Sold and promoted Fiti yogurt in community
- Produced large quantities of yogurt
- Gave empowerment talks in rural high schools

Project Outcomes

- We learned a lot about politics in Kenya and East Africa
- Discovered which lines of work we may be interested in in the future
- We were able to help lead empowerment sessions through our internship
- Set up yogurt kitchen at JKUAT campus
- Helped us recognize our individual strengths



Project Challenges

- Experienced some challenges with gender relations and being mzungus/foreigners in Kenya
- Bureaucracy within JKUAT meant a slower progress than we anticipated to accomplish tasks
- Difficulty living in a rural town



Project Recommendations

- More communication and clear guidance related to the project in pre-departure and on the ground with host organization
- Improve communication between interns and program leaders to have a common understanding of activities and evolving project goals
- Get the JKUAT student clubs involved in organization and implementation of program
- Ideally a full-time project manager to guide program growth and development